



# Clogau Trail, Mawddach Estuary

MODERATE



## Route Overview

- Distance: 6.5km (4 miles)
- Duration: 3 hours
- Route type: Circular

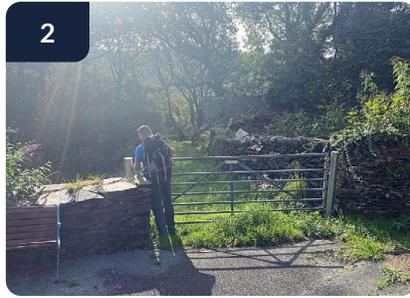
## Before you start

Read the safety and route grading information on the Snowdonia National Park Authority website before you start your journey.

[snowdonia.gov.wales](https://www.snowdonia.gov.wales)



1  
From the lay-by, cross the road carefully and walk in the direction of Dolgellau. Turn down to the Mawddach river at the public footpath sign towards a house called Rhuddallt. In front of the house, go to your left and through a small gate towards the direction of the river.



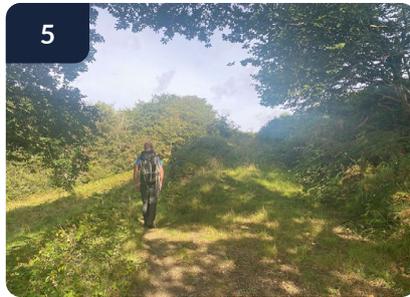
2  
At the bottom of the path, go right through the gate and keep walking along the estuary. Go through another gate and follow the tidal bank. Cross the bridge over the ditch and continue until you reach Cwm Llechen river which flows through the village.



3  
Go through a small gate. Keep left following the river and join the lane up for the village of Bontddu. On reaching the main road, cross the road and turn left. Walk down to the bottom of the village, past metal railings for 50m until you see the 'No Through Road' and 'WC' sign. Follow this steep tarmac path up to the right past the row of houses.



4  
Take care here! The gorge is steep and the flow of the river is strong. Keep on the path under the shade of the oak trees. Eventually you will reach Ffynnon Isaf bridge. The remains of an old mineral treatment plant can be seen here. Walk over the bridge, go through a gate and walk along the track.



5  
Go through the gate and you'll get to a fork in the path, go to the left around the field.



6  
After going through the kissing gate, turn right and follow the road towards Llechfraith Isaf.



7  
Immediately past the house there is a metal gate on the left. Go through it.



8  
Take the track to the left here. Do not continue to walk ahead. The path will gradually rise to the old Clogau gold mine. Go past the rubble heaps, towards the next valley (Cwm Mynach).



9  
After walking along the old incline, you will get to a fork in the path. Go to the left and go through the gap in the wall. Walk to the left and onwards through the marshy ground keeping the wall quite close on the right. You will reach a signpost in a mountainous grazing field.



10 From the signpost walk down towards the wall, through a gate and down to Garth Gell house. In front of you is Garn mountain and Diffwys on the left.



11 Carry on down along the track and go right past the front of the house and through the gate. This section is a permissive path and permission is given provided that no one disturbs the stock. We ask you to keep your dog on a lead here and wherever animals graze.



12 You will come to a U-turn on this route. In front of you, you'll see a kissing gate, go through the gate, turn right and walk up the slope to the wooded area where another gate leads you to Coed Garth Gell Nature Reserve.



13 The path takes you through the reserve where there is spectacular views of the Mawddach estuary, Cader Idris, Aran Fawddwy, Aran Benllyn and Rhobell Fawr. Continue to follow the path and soon there will be a small gate in the wall on the right.



14 After descending for a while, you will come to an obvious fork. Keep right and continue gradually down through the trees. You will pass new sheepfolds that are part of an RSPB grazing scheme. Go through the gate here and follow the path. There is a gate in the wall on the left, go through it turning right on the tarmac road leading back down to the car park.